



KU Svømning og Vandpolo



13. juli 2023

Idrættens Hus
Brøndby Stadion 20
2605 Brøndby

www.svoem.org



Protector:
Hendes
Kongelige Højhed
Kronprinsesse Mary



TrygFonden

Danish Swimming Federation and the local swimming club, KU Swimming Federation is pleased to announce the

Nordic Open Masters 2023 Invitation

Date: Saturday 30 September - Sunday 1 October 2023.

Venue: Bellahøj Svømmestadion, Bellahøjvej 1-3, DK-2700 København

<https://svoemkbh.kk.dk/bellahoej-svoemmestadion>

8x25m indoor pool, water temperature 27°C, Omega Electronic Timing

Age Groups: According to FINA Masters Swimming rule MSW 1, as prescribed by NSF:

Individual events: 25–29, 30–34, 35–39, 40–44, 45–49, 50–54, 55–59, 60–64, 65–69, 70–74, 75–79, ... (five-year age groups as high as necessary).

Relays: 100–119, 120–159, 160–199, 200–239, 240–279, 280–319, 320–359, and ... (forty-year increments as high as is necessary).

Invited: Anyone registered as representing a FINA affiliated club in the NSF countries (DEN, EST, FAR, FIN, ISL, LAT, LTU, NOR and SWE) or elsewhere.

Competition Schedule

Please Note - These session times are subject to change, in order to better fit the activities.

Session 1 - Saturday 30 September from 09:30

Session 2 - Saturday 30 September from 16:30

Session 3 - Sunday 1 October from 11:00

Warm-up is possible from 1.5 hours before the start of each session.

Order of Events

Session 1. Saturday Morning	Session 2. Saturday Afternoon	Session 3 – Sunday
1. 400 Freestyle Men	13. 100 Freestyle Men	26. 4x50 Medley Mix
2. 400 Freestyle Women	14. 100 Freestyle Women	27. 800 Freestyle Women*
3. 50 Butterfly Men	15. 100 Butterfly Men	28. 400 Ind. Medley Men
4. 50 Butterfly Women	16. 100 Butterfly Women	29. 400 Ind. Medley Women
5. 100 Breaststroke Men	17. 50 Breaststroke Men	30. 50 Backstroke Men
6. 100 Breaststroke Women	18. 50 Breaststroke Women	31. 50 Backstroke Women
7. 100 Backstroke Men	19. 100 Ind. Medley Men	32. 50 Freestyle Men
8. 100 Backstroke Women	20. 100 Ind. Medley Women	33. 50 Freestyle Women
9. 200 Butterfly Men	21. 200 Breaststroke Men	34. 4x50 Freestyle Mix
10. 200 Butterfly Women	22. 200 Breaststroke Women	
11. 4x50 Freestyle Men	23. 800 Freestyle Men*	
12. 4x50 Freestyle Women	24. 4x50 Medley Men	
	25. 4x50 Medley Women	



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All events are swum as direct finals.

*In the 800 Free, there will be a maximum of 3 heats per event, that is 3 for men and 3 for women.

Participants.

To participate, a competitor must be a member of an association that is a member of the respective country's "Swimming Federation".

Prizes.

Nordic Championship medals are awarded to 1st, 2nd and 3rd placing swimmers. In team events, medals are only awarded for first place. Medals are awarded to all members of the winning team.

Limitation

We will have a limited number of heats if it's necessary. After we have received all entries and the know the timetable, we will inform at our website if there are limit of heats.

Accommodation and Entries etc.

IMPORTANT - Please go to our event landing page for all relevant and possible updated information and links [here](#)

For this event, we can recommend.

a&o hostel, Tagensvej 135, 137, 2200 København N, [website](#)
just 2,6 km from the pool in working distance.

Scandic Falconer, Falkoner Alle 9, 2000 Frederiksberg, [Website](#)
just 4,3 km by car and 9 min. Working distance 3,9 km

Please contract the hotel / hostel directly by e-mail and they will setup a cost for accommodation.

Pre-masters

Pre-masters are allowed to swim 'out of competition'. That is, they will get an official time but will not be named Nordic champions and will not receive any medals or similar.

Swimmer Party

KU swimming Club does a swimming party is on Saturday 30. September 2023. Find more information about the party by this [link](#)

Entry Deadline & Procedure

The registration deadline for sport entries is **30. August 2023** by email to, Jette Jørgensen, jette.j@hsk.dk together with documented proof of payment of the following



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registration fee.

The registration fee is DKK 75 for individual entries and DKK 150 for relay entries.

Late entries will be accepted until 1 hour before the relevant session starts for an additional charge of 3 times the entry fee, which is DKK 225 for individual entries and DKK 450 for relays.

Entry cancellations must be made via <http://app.livetiming.se/> or by email to Jette Jørgensen, jette.j@hsk.dk no later than 1½ hours before the relevant session start.

Later cancellations and no-shows will be charged at 3 times the entry fee, which is DKK 225 for individual entries and DKK 450 for relays.

All Danish clubs must provide an official for the event. Please see the appendix at this [link](#)

The registration fee shall be transferred to

Reg. No.: 9877, Account No.: 645-7770

IBAN: DK05 3000 0006 4577 70

SWIFT: DABADKKK

Please use the reference NOM2023 when making all entry fee transfers.

The entries must be made by using the provided LENEX-files.

Entries with "no time" will not be accepted.

Names of relay participants must be submitted via <http://app.livetiming.se/> no later than 1½ hours before the relevant session start. If a relay team needs to change the age group, it will be regarded as a cancellation and a late entry, to be charged at 3 times the entry fee (DKK 225 / DKK 450).

Contact Information

If you have any questions or concerns, then please do not hesitate to contact us.

General information Martin Karup mak@svoem.dk

Entries Jette Jørgensen, jette.j@hsk.dk

King regards

Danish Swimming Federation and KU Swimming Club