

Kvaltider Sum-Sim (50m) 2023 - 2024

Grenar	Flickor								Pojkar							
	13-14		15		13-15		Ind 16/lag 15-16		13-14		15		13-15		Ind 16/lag 15-16	
	25m	50m	25m	50m	25m	50m	25m	50m	25m	50m	25m	50m	25m	50m	25m	50m
50m frisim							00:28,40	00:29,16							00:25,93	00:26,73
100m frisim	01:03,10	01:04,40	01:01,56	01:03,01			01:01,01	01:02,90	01:00,56	01:01,58	00:58,12	00:59,35			00:56,21	00:58,02
200m frisim					02:14,31	02:18,15	02:13,78	02:18,15					02:07,84	02:11,44	02:04,40	02:09,20
400m frisim	04:52,17	05:00,36	04:46,08	04:54,49			04:44,11	04:52,23	04:43,77	04:52,50	04:34,23	04:42,33			04:26,47	04:36,47
800m frisim					09:44,95	10:09,44	09:44,95	10:09,44					09:29,77	09:46,60	09:23,46	09:46,60
1500m frisim					19:26,05	19:49,74	19:26,05	19:49,74					18:40,19	18:52,14	18:21,92	18:52,14
4x100m frisim	04:25,38	04:30,58					04:06,92	04:14,49	04:16,63	04:20,72					03:47,53	03:54,74
4x200m frisim	09:43,61	10:02,16					09:10,53	09:27,98	09:37,33	09:51,08					08:36,50	08:55,70
50m bröstsim							00:36,37	00:37,46							00:33,24	00:34,36
100m bröstsim	01:20,33	01:23,40	01:19,16	01:22,39			01:18,59	01:21,84	01:18,03	01:20,62	01:15,41	01:18,64			01:12,06	01:15,56
200m bröstsim					02:49,55	02:56,11	02:49,55	02:56,11					02:43,51	02:49,49	02:40,31	02:49,49
50m ryggsim							00:32,39	00:33,94							00:30,26	00:31,91
100m ryggsim	01:11,74	01:14,72	01:10,74	01:13,67			01:09,34	01:12,69	01:09,79	01:13,10	01:07,16	01:09,92			01:04,56	01:07,98
200m ryggsim					02:31,49	02:37,54	02:31,49	02:37,54					02:25,65	02:30,62	02:23,51	02:30,62
50m fjärilsim							00:30,67	00:31,17							00:28,14	00:28,89
100m fjärilsim	01:11,97	01:13,79	01:10,10	01:12,31			01:08,59	01:10,61	01:09,62	01:10,58	01:05,97	01:06,68			01:02,99	01:05,19
200m fjärilsim					02:43,19	02:49,31	02:43,19	02:46,89					02:36,81	02:38,93	02:29,54	02:38,93
200m medley	02:37,21	02:42,32	02:33,99	02:38,83			02:31,84	02:37,41	02:32,53	02:35,02	02:25,51	02:30,53			02:21,46	02:26,87
400m medley					05:27,62	05:41,29	05:22,66	05:41,29					05:13,16	05:27,48	05:03,02	05:21,72
4x100m medley	04:54,54	05:03,71					04:34,81	04:45,33	04:45,45	04:53,33					04:13,97	04:24,90